

# YOUTH REFERRAL RESOURCE GUIDE

*Kern County*



**Are you currently homeless?  
Are you in need of housing?  
Call 2-1-1**

**Community Action Partnership of Kern at  
[www.211kerncounty.org](http://www.211kerncounty.org) or  
United Way in Tulare County to get connected and get answers  
at [www.211tularecounty.org](http://www.211tularecounty.org)  
24-hours per day to be placed on the Kern County housing list.**

Tulare Youth Service Bureau, Inc.

559-688-2043

**Tulare Youth Services Bureau, Inc.**  
327 K Street  
Tulare, CA 93274  
559-688-2043



TYSB is a community-based approach to the provision of children's mental health services. Family involvement in treatment is emphasized. Their goal is to help children and adolescents reach their highest potential in school, home, and the community, while limiting the development of more serious problems.

After hours intervention is provided by the Tulare County Psychiatric Emergency Team (PET) at 559-730-9922.

09/19 revision

## In an Emergency or Crisis

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**For assistance in an emergency situation**  
Dial 911

**Delano Regional Medical Center**  
Emergency Room  
661-721-5252

**National Suicide Prevention Lifeline**  
1-800-273-TALK (8255) (press 1 for veterans; press 2 for Spanish)  
1-800-SUICIDE (784-2433)

**Red Nacional de Prevención del Suicidio**  
1-888-628-9454

**Suicide Survivors Support Group**  
Consumer Family Learning Center  
5121 Stockdale Hwy  
Bakersfield, CA 93309  
661-868-1552  
(meets 1<sup>st</sup> & 3<sup>rd</sup> Tuesdays of each month. Please call before attending this group.)

**Vets4Warriors**  
1-855-838-8255

**Mental Health 24 Hour Crisis Hotline (Kern)**  
1-800-991-5272

**NAMI National Helpline:**  
National Alliance for Mental Illness  
1-800-950-6264

**Henrietta Weill Child Guidance Clinic**  
1430 6<sup>th</sup> Avenue, Delano, CA 93215  
661-725-1042

**Behavioral Health & Recovery Services Crisis Hotline**  
Toll Free: 1-800-991-5272

**Alliance Against Family Violence & Sexual Assault 24 Hour Crisis Hotline**  
Toll Free: 1-800-273-7713

**Domestic Violence Project - Delano**  
1-888-292-4252

## Pregnant & Parenting Youth

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**Delano Community Health Center**  
661-725-4780; 1508 Garces Hwy #1  
Delano, CA 93215

**Bakersfield Pregnancy Center**  
661-326-1907; [www.wehelpyou.org](http://www.wehelpyou.org)

**WIC (Women, Infants & Children)**  
1-866-327-3074; <http://www.capk.org/programs/wic/>

**FPA Women's Health call or text (English/Español)**  
1-877-883-7264; <http://kernpublichealth.com/bih/>

**Adolescent Family Life Program (Clinica Sierra Vista)**  
661-324-0293; [www.clinicasierravista.org](http://www.clinicasierravista.org)

**Perinatal Outreach Program (Public Health)**  
661-321-3000; [www.kernpublichealth.com](http://www.kernpublichealth.com)

**Omni Family Health**  
1-800-300-6664; 912 Fremont Street  
[omnifamilyhealth.org](http://omnifamilyhealth.org)

**WarmLine A Parent to Parent Program**  
1-888-955-9099; <https://e-warmline.org/>

**Dolores Huerta Foundation (Teen Pregnancy Prevention)**  
661-322-3033; <http://doloreshuerta.org>

**Kern County Public Health Department (immunizations, car seats, safe sleep porta cribs, public health nursing)** 1800 Mt. Vernon Ave.  
Bakersfield, CA  
661-321-3000

**Sleepy Baby Box Parent Education Center (parenting classes, sleepy baby boxes, clothing & baby care essentials, and food panty)** 3803 Union Ave.  
Bakersfield, CA  
661-479-0029

**Dignity Health Learning Center & Outreach Center**  
661-632-5562  
Learning Center: 631 E. California Ave. Bakersfield, CA

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## Free Legal Services

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**Greater Bakersfield Legal Assistance, Inc.**  
(assistance with civil legal issues for Kern County  
Units include homeless, education, health,  
domestic violence, guardianship, housing, public  
benefits & consumer law.)

661-325-5943; <http://www.gbla.org/>  
615 California Avenue, Bakersfield

### **Kern County Family Law Facilitator**

Locations, dates, & times can be found at: [https://www.kern.courts.ca.gov/divisions/family\\_law/](https://www.kern.courts.ca.gov/divisions/family_law/)

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**California Rural Legal Assistance, Inc.**  
(legal assistance for housing, education & LGBTQ  
related issues for residents in the Delano, Shafter,  
McFarland, Lost Hills, Arvin & Wasco areas)

Delano office: 601 High St.; 661-725-4350 residents.  
Arvin office: 211 Bear Mountain Blvd.; 661-854-3839  
<https://www.crla.org/>

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## Foster Youth (or Former Foster Youth) Resources

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**The Dream Center (one-stop resource center for current & former foster youth up to 25, which has showers, laundry, computers, basic need items & services).** 661-636-4488; [kcnc.org](http://kcnc.org)  
<https://www.facebook.com/dreamcenterkerncounty/>  
1801 19th St., Bakersfield, CA (hours: 8AM-4:30PM)

**The Housing Authority (Building Blocks: A Housing Program for Foster Youth between ages 18-21).**  
661-636-4488; must apply/ inquire at the Dream Center  
(1801 19th St., Bakersfield, CA)

**CSU Bakersfield: Guardian Scholars Program (support for college-bound current or former foster youth between 17-24, including assistance with university admissions).** 661-654-3215;  
[www.csub.edu/gsp](http://www.csub.edu/gsp)

**Kern County Department of Human Services (CPS)**  
661-631-6819; <https://www.kerncounty.com/dhs/>

**Residences at West Columbus (housing for Transition Age Youth ages 18-24).**

<https://www.kernha.org/menus/affordable-housinglocations.html> ; to be placed on waitlist contact Kern Behavioral Health & Recovery Services at 661-868-8310

**Bakersfield College Foster Youth Liaison**  
Victoria Koiyan, 661-395-4429  
[Victoria.koiyan@bakersfieldcollege.edu](mailto:Victoria.koiyan@bakersfieldcollege.edu)  
1801 Panorama Dr. Bakersfield, CA 93306

**Independent Living Program Supervisor (DHS/ CPS) (can assist youth with Transitional Aged Youth Housing, which is the entry point for applications for the Building Blocks Program or THP+)**  
Robin Chambers, 661-636-4971  
[chamber@kerndhs.com](mailto:chamber@kerndhs.com)

**Independent Living Program Housing Coordinator (DHS/CPS; stationed at the Dream Center)** Keith Hollins, 661-636-4982  
[hollink@kerndhs.com](mailto:hollink@kerndhs.com)

**AB-12 Extended Foster Care Supervisor (DHS/ CPS; stationed at the Dream Center) (AB-12 is a stipend of \$952/ month for qualifying former foster youth who are working part time, going to school/ vocational training, completing high school, removing a barrier to employment or unable to work due to a medical condition)**

Kelley Fullerton, 661-636-4970  
fuller@kerndhs.com

### **Transitional Housing Services**

661-636-4488; apply at the Dream Center (1801 19th St., Bakersfield, CA)

### **AB-12 Extended Foster Care & Independent Living Skills Programs**

661-636-4488; apply at the Dream Center (1801 19th St., Bakersfield, CA)

**Bakersfield College Extended Opportunity Program & Services (academic support, financial assistance & encouragement for eligible, financially disadvantaged & academically under prepared students)** 661-395-4351; <https://www.bakersfieldcollege.edu/student/eops>

**Foster Youth Services (educational advocacy, assistance with college enrollment, transferring records & transcripts)**

661-636-4900; the Dream Center (1801 19th St. Bakersfield, CA)

**Valor Residential & Educational Services (Transitional housing THP+FC & job training/ placement for foster youth between 18 & 21—W child as well; must receive a referral from your DHS social worker or probation officer; or call main office)**

661-381-0183

<http://vres-transformers.com>

## **Foster Youth (or Former Foster Youth) Resources Continued**

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**Aspiranet THP-Plus Foster Care (Transitional aged foster youth housing; must receive a referral from your DHS social worker or probation officer; do not call directly— ask your SW or PO)**

<https://www.aspiranet.org/programs/transitional-agedyouth/>

**Youth Empowering Success (YES!) (mentorship for foster youth. Students meet regularly, hear from guest speakers on topics relating to foster youth, participate**

**in educational field trips, and are offered advocacy opportunities)**

Students may participate in YES! at the following high schools: Bakersfield, Independence, Liberty, North, South, West, Central Valley, Nueva, Tierra Del Sol, Vista & Vista West. YES! is also in some select middle schools. For more information, please contact the Foster Youth Liaison, Michelle Blalock at 661-827-3419.

Additional contacts:

Rolando Hernandez: [rhernandez@kern.org](mailto:rhernandez@kern.org) and

Kim Silva: [kisilva@kern.org](mailto:kisilva@kern.org)

**Transition Age Youth (TAY) Team with Kern Behavioral Health & Recovery Services (ages 16-25; addresses emotional & behavioral health, housing, vocational, educational, and social functioning)** TAY team Behavioral Health Supervisor: Debra Daniel (661-868-6468);

<https://www.kernbhhs.org/children-s-services>

**California Youth Connection (a youth-led organization that develops leaders who empower each other and their communities to transform the foster care system through legislative, policy, and practice change)**

559-228-4080; <https://calyouthconn.org/>

**Foster Care Ombudsman (foster children and youth may call from anywhere in California to express their concerns and complaints; ensures that the voices of foster children and youth are heard/ acts on their behalf; acts as an independent forum for the investigation and resolution of complaints)** 1-877-846-1602; Email: [fosteryouthhelp@dss.ca.gov](mailto:fosteryouthhelp@dss.ca.gov)

**Kern County Department of Human Services Ombudsman (Monique Hawkins)**

661-631-6698

Fax: 661-631-6898

Mailing address:

Kern County Department of Human Services

KCDHS Ombudsman

Monique Hawkins

P.O. Box 511

Bakersfield CA. 93302

## Youth Runaway & Human Trafficking Resources

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**National Runaway Safeline (crisis intervention & Greyhound bus tickets for runaway youth ages 12-21)**  
1-800-RUNAWAY; [www.1800runaway.org](http://www.1800runaway.org); text: 66008

**National Human Trafficking Hotline**  
1-888-373-7888; [www.humantraffickinghotline.org](http://www.humantraffickinghotline.org);  
text: “HELP” or “INFO” to 233733

**Alliance Against Family Violence & Sexual Assault**  
In partnership with Kern Coalition Against Human Trafficking  
661-322-0931

Alliance 24 Hour Crisis Hotline:  
Local: 661-327-1091  
Toll Free: 1-800-273-7713

## Homeless Youth Resources

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### 2-1-1/ CapK

Call 2-1-1 24-hours per day to be placed on the Kern County housing list or to get referrals to helpful resources (such as food banks, clothing, child care, etc.)  
Alternative toll free number: (800) 273-2275

**Bakersfield College Food Assistance** To qualify for Food Assistance, students must meet the eligibility requirements below. For more information about Food Assistance, contact the Office of Student Life at [studentlife@bakersfieldcollege.edu](mailto:studentlife@bakersfieldcollege.edu).

#### Eligibility:

Must be enrolled in at least .5 units  
Present BC ID upon pick-up

#### Pantry Shelf Program:

Students may visit the Renegade Pantry Monday thru Thursday from 10 a.m. - 5 p.m. to shop for items. Each student will be allotted points per week based upon product availability.

#### Renegade Pantry Daily Bread Service:

The Renegade Pantry works on the honor system in partnership with Panera Bread on California and is able to provide bread for students in need on a first come, first serve basis. Bread is distributed Mon.-Thurs. from 8:30am until gone at Campus Center 4.

#### Fresh Fruit & Vegetables:

In partnership with Golden Empire Gleaners, the Renegade Pantry is able to provide fruits and vegetables to students in

need. Each Tuesday during the Fall and Spring Semesters, fruit and veggies are distributed from 11a.m. to 5 p.m. in the Renegade Pantry.

### **CSU Bakersfield Monthly Food Distributions (3rd Monday of every month)**

CSUB Housing and Food Security Committee & CapK provides monthly emergency food assistance to members of the CSUB community. Food distributions occur on the 3rd Monday of each month at the Stockdale Room adjacent to Parking Lot M and the Runner Café. Location, time and date are all subject to change. Check the website or call for the most current information. 661-654-2161  
<https://www.csub.edu/sustainability/SustainableFood/index.html>

### **CSU Bakersfield Food Pantry**

The CSUB Food Pantry is open to CSUB students, staff, and faculty and is located just north of the Student Union, before reaching Parking Lot M. [www.csub.edu/campusmap](http://www.csub.edu/campusmap). For more info, including hours of operation, please check the Food Pantry website at: <https://www.csub.edu/sustainability/foodpantry/index.html> or call: 661-654-FOOD (3663)

**Gleaners Volunteer for Food Program (provides a food box in exchange for 1-week of work at the Gleaners food bank. Daily lunch is provided for volunteers.)** 1326 30th St. Unit A., Bakersfield, CA  
Program Hours:

Monday-Friday: 7:30am (Closed the 1st Friday of every month) and plan to stay until 2:00pm.  
661-324-2767

### **The Mission (for meals)**

Meals served daily at 6:30AM, 11AM & 5PM



816 E. 21st St., Bakersfield, CA

**Bakersfield Homeless Center (shelter if with a parent or ages 18+; meals open to everyone)**

Meals served daily at 7AM & 4PM  
661-322-0426; 1600 E. Truxtun Ave., Bakersfield, CA

## Homeless Youth Cont.

**DC: Dream Center (food boxes, clothing, hygiene products, community resources & transportation)**

661-885-9765; [www.dreamcenterbakersfield.com](http://www.dreamcenterbakersfield.com)  
520 Union Ave., Bakersfield, CA

**Bakersfield Burrito Project (meals & hygiene items)**

661-489-5057; [www.facebook.com/BakoBurrito/](http://www.facebook.com/BakoBurrito/)

## Mentoring Programs

**Planned Parenthood Mar Monte's Teen Success, Inc. (life skills, help getting back into school, parenting skills & goal setting)**

For young moms who:

- Are pregnant for the 1st time or have one child
- Are 14-19 years old
- Have not graduated high school /do not have a GED

Contact: Sonia Chavez, 661-334-4414  
[sonia\\_chavez@ppmarmonte.org](mailto:sonia_chavez@ppmarmonte.org)

**Wendale Davis Foundation**

661-493-0275; [www.wendaledavisfoundation.org](http://www.wendaledavisfoundation.org)

**Kern County Project 180 (youth gang prevention)**

661-631-6600; [www.kernproject180.org](http://www.kernproject180.org)

**Boys & Girls Club of Kern County**

661-325-3730; <http://www.bgclubsokerncounty.org>

**Kern Dance Alliance (SHINE for girls in middle school)**

661-491-5376; <http://kerndance.org>

**Kern Co. Sheriff's Dept. Activities League**

661-868-1504; <http://kcsal.com/>

## Educational Resources

**Kern Literacy Council (free tutoring, including for GED preparation)**

661-324-3213; [www.kernliteracy.org](http://www.kernliteracy.org)

**CSU Bakersfield: Guardian Scholars Program (support for college-bound current or former foster youth between 17-24, including assistance with university admissions)**

661-654-3215;

[www.csub.edu/gsp](http://www.csub.edu/gsp)

**Kern Community Foundation (scholarships & College Success Program)**

661-325-5346; <http://www.kernfoundation.org/students/scholarships/>

**EPIC Center at the Beale Library (work experience, job search, vocational training & career planning)**

Beale Memorial Library, 701 Truxtun Ave., 2nd Floor, Bakersfield, CA

661-868-0820

Mon.-Thurs.: 11AM-6PM; Fri. 10AM-5PM

**Youth 2 Leaders Education Foundation (pre-college camps & scholarships)**

661-374-8817;

<http://www.y2lef.org/>

**Bakersfield College Foster Youth Liaison/ Next Up**

Victoria Koiyan, 661-395-4429

[Victoria.koiyan@bakersfieldcollege.edu](mailto:Victoria.koiyan@bakersfieldcollege.edu)

1801 Panorama Dr. Bakersfield, CA 93306



## Youth Mental Health

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**Kern Behavioral Health & Recovery Services** Crisis Hotline (24 hours a day/ 7 days a week):  
1-800-991-5272  
661-868-6750 (youth number); [www.kernbhhrs.org](http://www.kernbhhrs.org)

**Alliance Against Family Violence & Sexual Assault** Child Abuse Treatment Program (CHAT)  
Ages 17 years and under  
1921 19th St. Bakersfield, CA 93301 661-322-0931;  
M-F 8:30AM-5:30PM [www.kernalliance.org](http://www.kernalliance.org)

### **National Migrant Education Hotline**

1-800-234-8848; Text: 1-607-434-2626

**CA Department of Rehabilitation: Student Services Program** (job exploration counseling, work experience, education counseling, work readiness, self-advocacy training)

661-395-2546

4925 Commerce Dr. Suite 150, Bakersfield, CA

**Bakersfield College Extended Opportunity Program & Services** (academic support, financial assistance & encouragement for eligible, financially disadvantaged & academically under prepared students) 661-395-4351; <https://www.bakersfieldcollege.edu/student/eops>

**Foster Youth Services** (educational advocacy, assistance with college enrollment, transferring records & transcripts)

661-636-4900; the Dream Center (1801 19th St. Bakersfield, CA)

**Delano Adult School** (GED prep, high school diploma classes, independent study, English as a second language, job training & adult basic education; must be 18 or older) 661-720-4171; <https://www.djuhsd.org/Domain/12>

**Greater Bakersfield Legal Assistance's Education Law Unit** (help with bullying, expulsions/suspensions, etc. in schools) Direct line: 661-321-3991; [www.gbla.org](http://www.gbla.org)

**California Rural Legal Assistance** (Education Law Unit for Delano, Arvin & Shafter areas) [www.crla.org](http://www.crla.org)

**The Center for Sexuality & Gender Diversity** (free 1:1 counseling offered)

661-843-7995; <https://www.glcenterbak.org/>

901 18th St. Bakersfield, CA Open walk-in hours:

Tues.-Thurs. 5-7PM; Fri. 4-7PM; Sat. 3-6PM

**Clinica Sierra Vista Behavioral Health**

661-397-8755; [www.clinicasierravista.org](http://www.clinicasierravista.org)

## Domestic Violence, Abuse & Sexual Assault

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**Kern County Child Protective Services**

(661) 631-6011 (Countywide)

(760) 375-6049 (Ridgecrest)

(Report 24 hours per day, 7 days per week)

**National Child Abuse Hotline**

1-800-4-A-CHILD (1-800-422-4453)

**Alliance Against Family Violence & Sexual Assault**

1921 19th St., Bakersfield, CA 93301 661-322-0931;

M-F 8:30AM-5:30PM

[www.kernalliance.org](http://www.kernalliance.org)

Alliance 24 Hour Crisis Hotline:

Local: 661-327-1091

Toll Free: 1-800-273-7713

Alliance Child Abuse Treatment Program (CHAT):

Ages 17 years and under

661-322-0931

**Women's Center High Desert (Ridgecrest)**

<http://womenscenterhighdesert.org/> Domestic Violence Hotline: 760-375-7525

Sexual Assault/ Abuse Hotline: 760-375-0745

Child Abuse Prevention: 760-375-7100

**Family Justice Center (for help with family violence & sexual assault)** Crisis Hotline: 1-800-273-7713  
Walk-in hours are Mon.-Fri. from 8:30am-3pm  
Address: 2101 Oak St., Bakersfield, CA 93301  
www.kernfjc.com

**National Sexual Assault Hotline**  
1-800-656-HOPE (4673)

**RAINN (Rape, Abuse & Incest National Network)**  
1-800-656-HOPE (4673); www.rainn.org

## Vital Documents

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### **Department of Motor Vehicles (ID's & driver's licenses)**

631 Jefferson Street, Delano, CA;  
Mon-Sat 8AM-5PM  
(800)777-0133; dmv.ca.gov

### **Social Security Administration Delano**

2234 Girard Street, Delano, CA; (800) 772-1213  
Hours: M/Tu/Th/F: 9AM-4PM; W: 9AM-12PM  
www.ssa.gov

### **Kern County Hall of Records (birth certificates—\$25)**

1655 Chester Ave Bakersfield, CA; Mon-Fri 8AM-4:30PM  
(661) 868-6449

### **Greater Bakersfield Legal Assistance Homeless Law Center (can help get vital documents if you are homeless)**

615 California Ave. Bakersfield, CA  
661-334-4668 or 661-334-4666 (Homeless Law Center)  
Youth Substance Abuse Services

## Youth LGBTQ Resources

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### **The Center for Sexuality & Gender Diversity**

661-843-7995;  
<https://www.glcenterbak.org/> 901 18th St.  
Bakersfield, CA. Open walk-in hours:

### **LGBT National Help Center Youth**

Talkline: 1-800-246-PRIDE (7743)  
www.glnh.org

**PFLAG Bakersfield (Parents, Families, Friends & Allies United with LGBTQ People to move equality forward)** <https://pflag.org/chapter/pflag-bakersfield>

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**Kern County Behavioral Health & Recovery Services Substance Use Division Access Line**  
866-266-4898; www.kernbhhrs.org

**The Salvation Army Adult Rehabilitation Center (free 6-month alcohol/ drug inpatient rehab for males over 21)**  
661-325-8626; Email: brian.austin@usw.salvationarmy.org

**Clinica Sierra Vista SAMHSA Program (Health Care for the Homeless)**  
661-322-7580; www.clinicas ierravista.org

**Teen Challenge International (residential treatment facilities & drug prevention/ education programs)**  
661-399-2273; www.teenchallenge.org

**Ala-teen (support groups for teens whose lives have been affected by someone else's drinking; groups are available in person & e-chats are available online)**  
Wwww.al-anon.org

**Kern Stop Meth Now (youth prevention)**  
855-662-6384; www.kernstopmethnow.com

(661) 527-3524; pflagbfl@yahoo.com

**California Rural Legal Assistance, Inc. (LGBT legal services in rural California)** 1-831-724-2253;  
www.crla.org/

### **Youth Empowerment Pride Project of Bakersfield**

**(Safe spaces for LGBTQI Youth in Bakersfield and Kern County)**

[www.facebook.com/YEPPBakersfield](http://www.facebook.com/YEPPBakersfield)

Email: [yepfbakersfield@gmail.com](mailto:yepfbakersfield@gmail.com)

### **akersfield LGBTQ**

661-302-4266; <http://www.bakersfieldpride.org>  
[www.facebook.com/bakolgbtq](http://www.facebook.com/bakolgbtq)



**Dolores Huerta Foundation's Equality Program**  
<http://doloreshuerta.org/programs/equality-program/>  
(661) 322-3033

## Employment

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**America's Job Center**  
661-325-HIRE; [www.americasjobcenterofkern.com](http://www.americasjobcenterofkern.com)

**EPIC Center at the Beale Library (work experience, job search, vocational training & career planning)** Beale Memorial Library, 701 Truxtun Ave., 2nd Floor, Bakersfield, CA  
661-868-0820  
Mon.-Thurs.: 11AM-6PM; Fri. 10AM-5PM

**PG&E Better Together Summer Jobs Program**  
Contact Boys & Girls Club at 661-325-3730

## Youth with Disabilities

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## Additional Resources

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**Dignity Health Learning Center & Outreach Center**  
661-632-5562

Learning Center: 631 E. California Ave. Bakersfield, CA

- Homework Club
- Bus passes for medical appointments
- Emergency food baskets
- Sack lunches
- Referrals for food/ clothing/ household items

Outreach Center: 1627 Virginia Ave. Bakersfield, CA

- After school program
- Breakfast club
- Bus passes for medical appointments
- Dinner Bell
- Emergency food baskets
- Referrals for food/ clothing/ household items
- Baby items

**Independent Living Center of Kern County (empowering people with disabilities to live as independently as they can)** 661-325-1063;

[www.ilcofkerncounty.org](http://www.ilcofkerncounty.org)

Toll free: 800-529-9541

Video phone: 661-369-8966

5251 Office Park Dr. Ste. 200, Bakersfield

**Kern Regional Center (community based services & supports for individuals with developmental disabilities that began before age 18).** 661-327-8531;  
[www.kernrc.org](http://www.kernrc.org)

**CA Department of Rehabilitation: California Youth Leadership Forum (yearly program for high school juniors & seniors)**

1-855-894-3436; Email: [YLF@dor.ca.gov](mailto:YLF@dor.ca.gov)

<http://www.dor.ca.gov/YLF/index.html>

**CA Department of Rehabilitation: Student Services Program (job exploration counseling, work experience, education counseling, work readiness, self-advocacy training)**

661-395-2546

4925 Commerce Dr. Suite 150, Bakersfield, CA

Dial 2-1-1 to be provided with information & referrals to a variety of services in Kern County. The referral directory is also available online at [capk.org](http://capk.org).

**Bakersfield Pet Food Pantry**

Free pet food distribution on 2nd & 4th Fridays of the month from 10AM-12PM at 4500 Shepard St. Ste. B-1, Bakersfield, CA; 661-369-1222

**Bike Bakersfield**

Receive a free bicycle in exchange for 12 volunteer hours.

661-321-9248;

<https://www.facebook.com/BikeBakersfield/>

**California Veterans' Assistance Foundation (for military veterans)**

661-829-5908; <http://www.cavaf.org/>